



With the support of
the Lifelong
learning
programme of the
European Union

MOB G.A.E research on the impact of European mobility on personal and professional growth

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*Project "MOBility as a source for personal and professional Growth, Autonomy and Employability –
Mob Gae" (n. 543296-LLP-1-2013-1-IT-KA4-KA4MP) –*

With the support of the Lifelong Learning Programme of the European Union



MOB G.A.E stands for

MOBility as a source of
personal and professional
Growth, **A**utonomy and **E**mployability



MOB G.A.E project

MOB G.A.E (*code 543296-LLP-1-2013-1-IT-KA4-KA4MP*)
is a project co-funded by the LLP programme
Action KA4.

It is co-ordinated by Accademia Europea di Firenze
and having 18 partners from 14 EU countries

www.mobgae.eu



MOB G.A.E aims

MOB G.A.E aims to investigate on the impact of the international mobility experiences in personal and professional stories, growth, autonomy, employability, and as European citizen.



MOB G.A.E research

Starting with a story from our blog!

<http://www.mobgae.eu/aleksandra-bors-european-voluntary-service-gesellschaft-fur-europabildung-berlin-2012/>



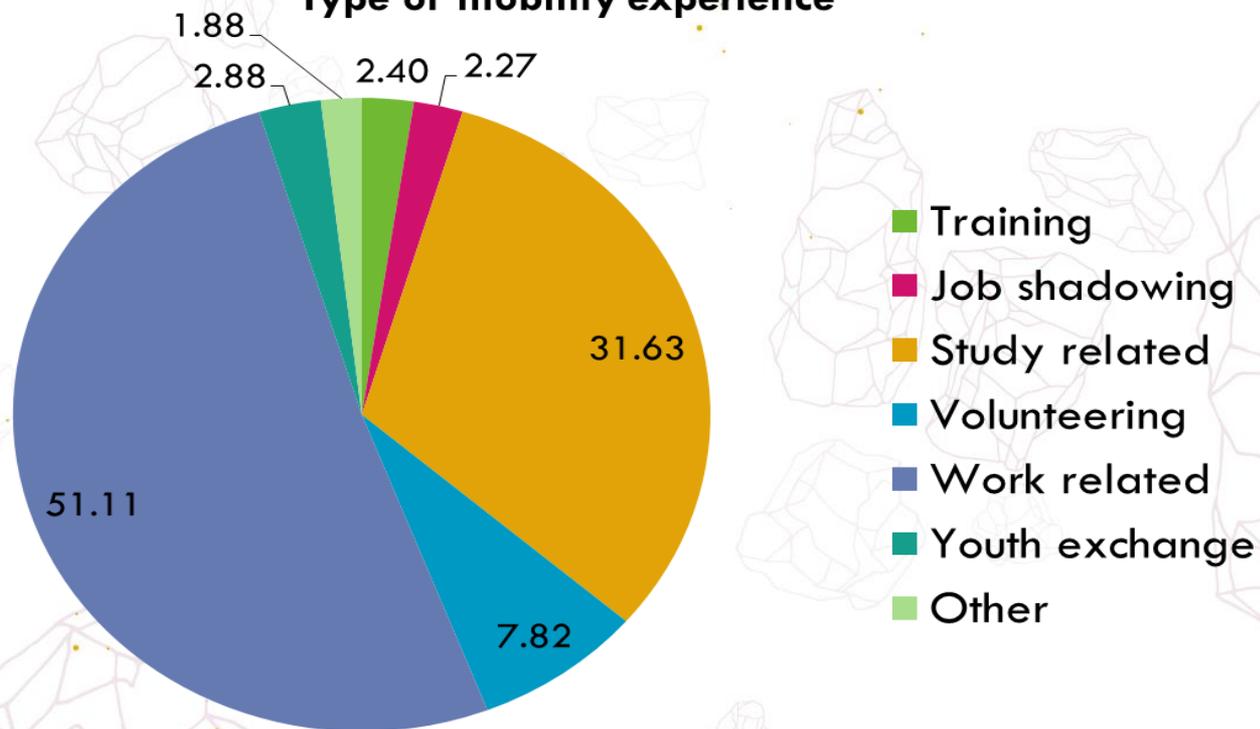
MOB G.A.E research

Some data:

- **Quantitative data**
 - **Online survey (2842 respondents / 2289 valid data)**
- **Qualitative data**
 - **Interviews (243)**
 - **Focus groups (25)**

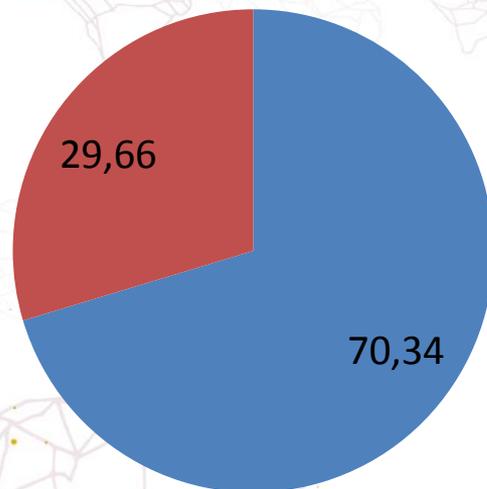
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Type of mobility experience



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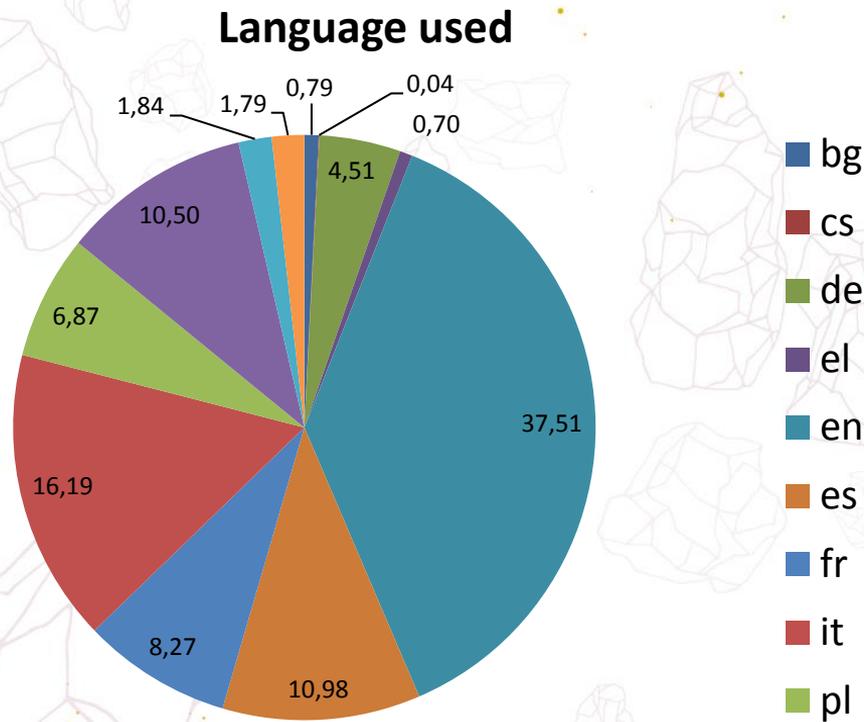
Sex (%)



■ female

■ male

MOB G.A.E languages used to fill in the online questionnaire





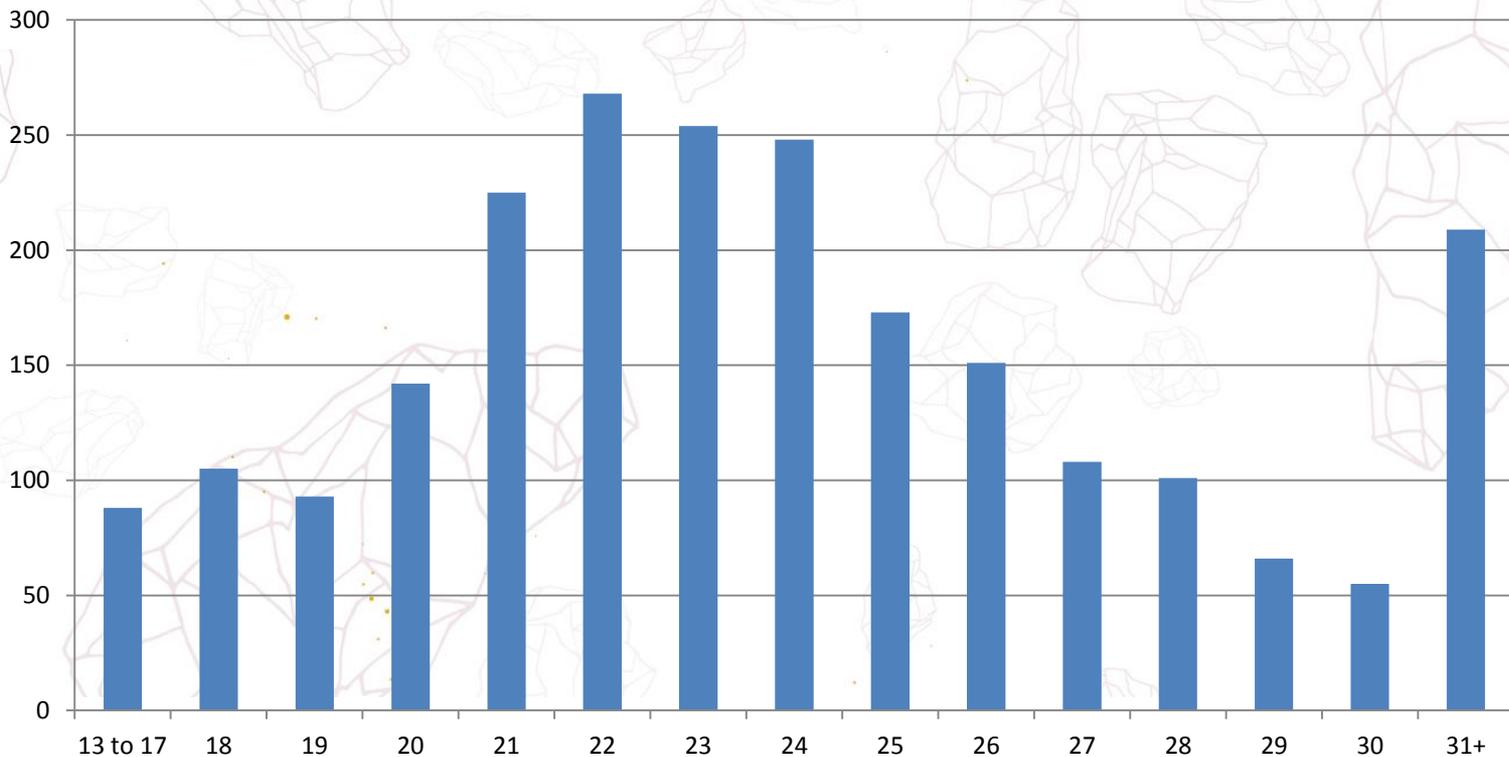
MOB G.A.E Period of Mobility

Period of mobility	N. people
1980s	1
1990s	24
2000 to 2007	161
2008 to 2014	2082
2014	635



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Age at time of mobility





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Expectations met:

- 80% (1828) to a very high degree (8-10)
- 55% (1246) almost totally met (9-10)
- 28% (638) totally met (10)
- Average: 8.47 (out of 10)



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- Relevance for **personal autonomy**:
 - 64% (1447) very relevant (8-10)
 - 40% (901) almost totally relevant (9-10)
 - 22% (489) totally relevant (10)
 - Average: 7.8 (out of 10)



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Relevance for **professional development:**

- 50% (1131) very relevant (8-10)
- 27% (601) almost totally relevant (9-10)
- 14% (308) totally relevant (10)
- Average: 7.25 (out of 10)



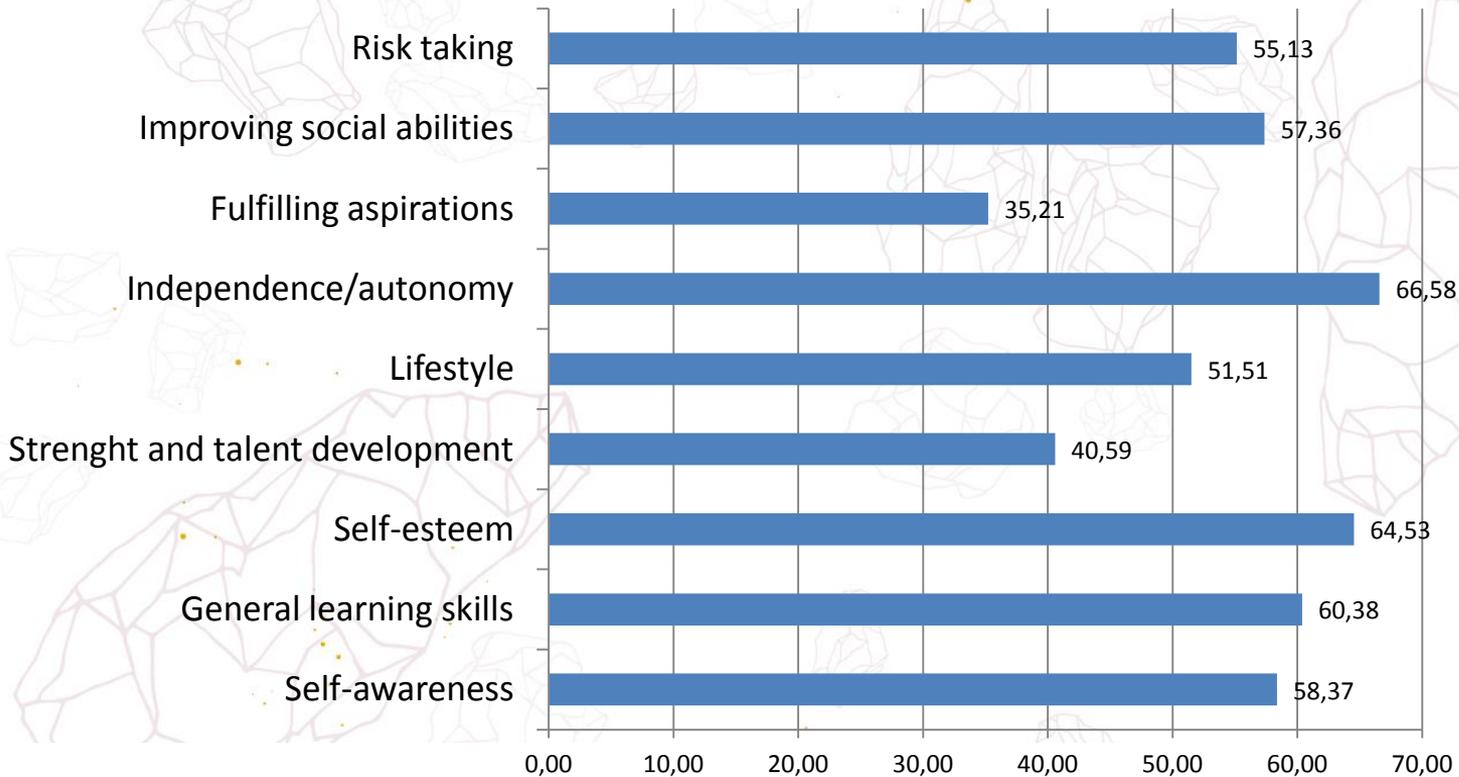
MOB G.A.E research

- Relevance for **European Citizenship**:
 - 59% (1317) very relevant (8-10)
 - 38% (844) almost totally relevant (9-10)
 - 20% (466) totally relevant (10)
 - Average: 7.6 (out of 10)



MOB G.A.E research

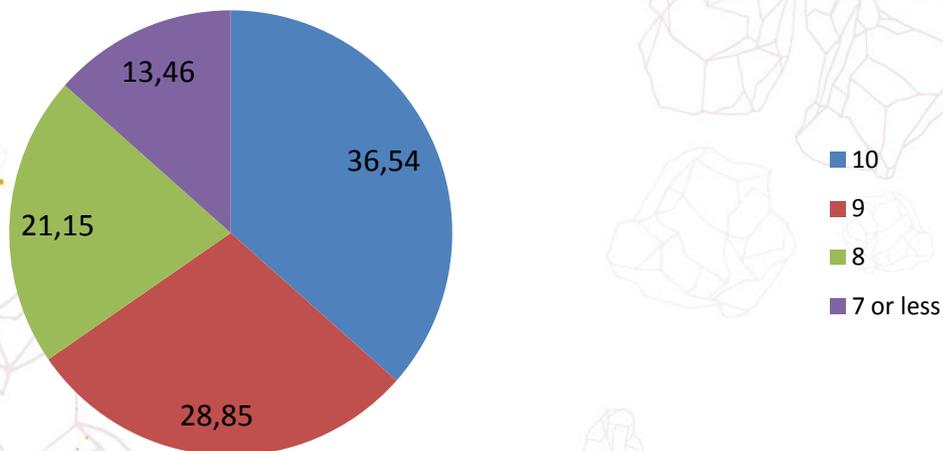
Perceived impact (% of YES)



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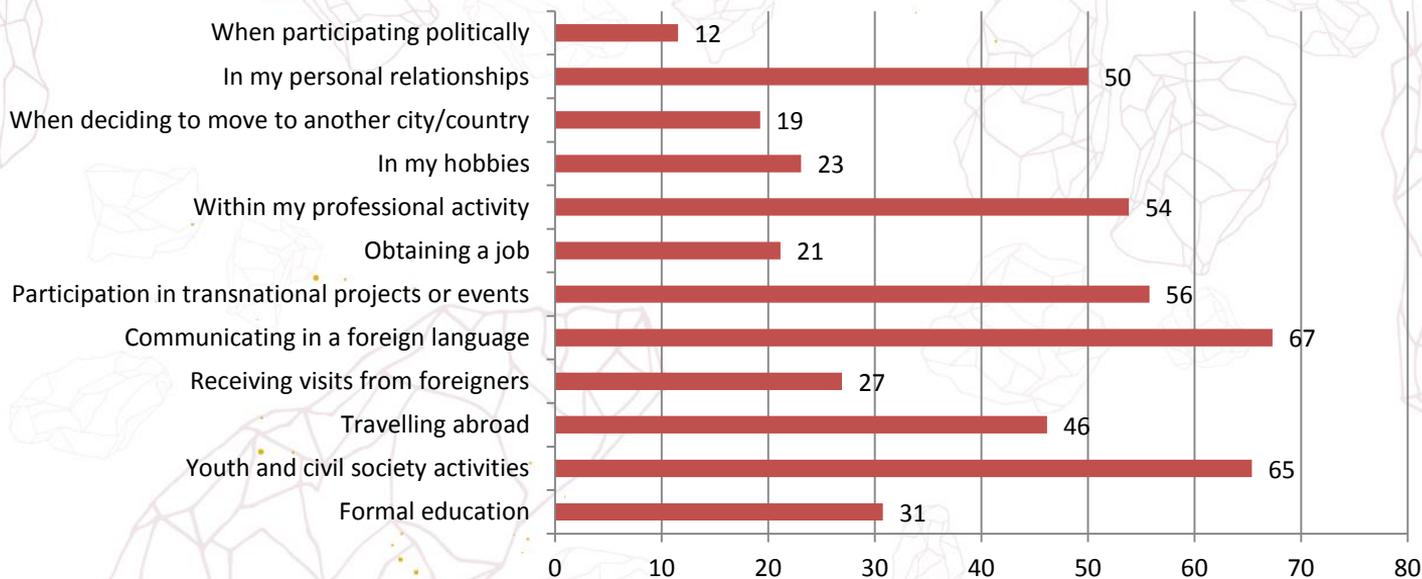
Focus on of training mobility

Expectations met (1-10)
%



MOB G.A.E focus on training mobility

Participants in training mobility found it useful for (%)

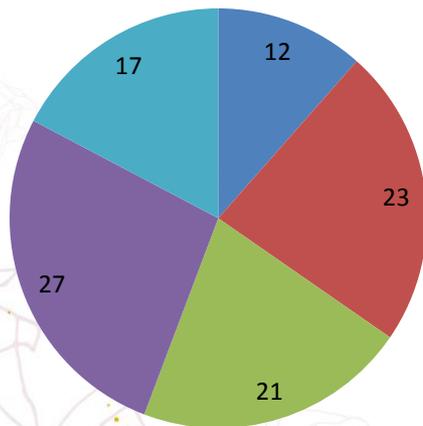




MOB G.A.E focus on training mobility

Relevance of mobility for professional competences development

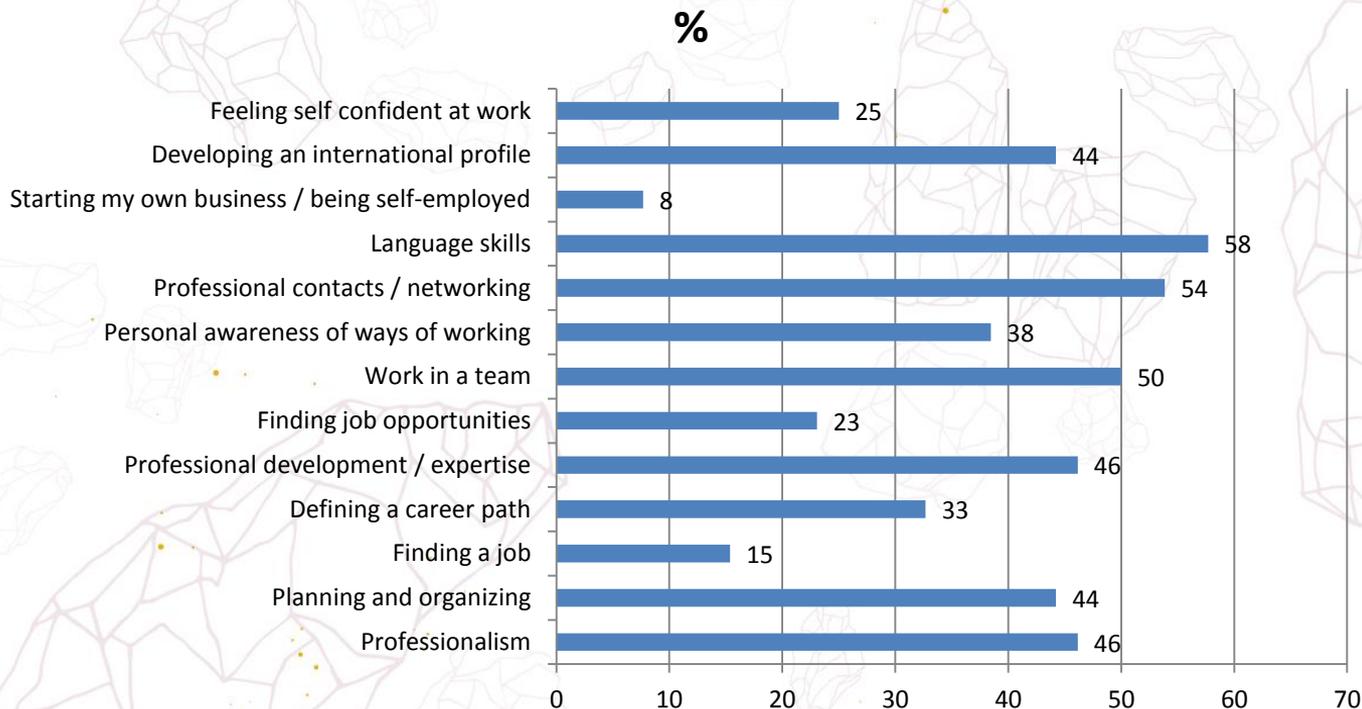
%



- totally relevant (10)
- Very relevant (9)
- Highly relevant (8)
- Somewhat relevant (7+6)
- Not relevant (5 or less)

MOB G.A.E focus on training mobility

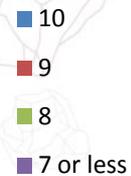
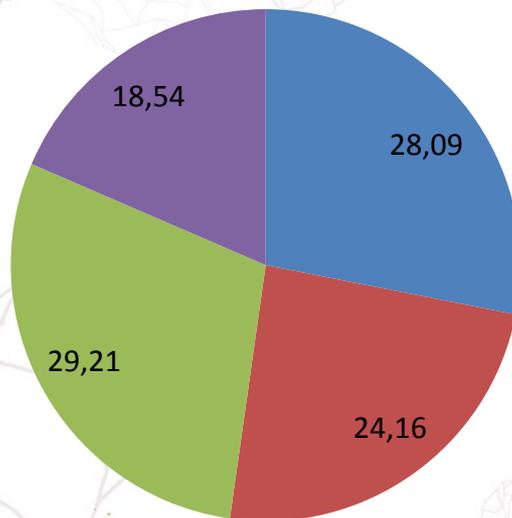
Impact of mobility experience on professional development



MOB G.A.E focus on EVS

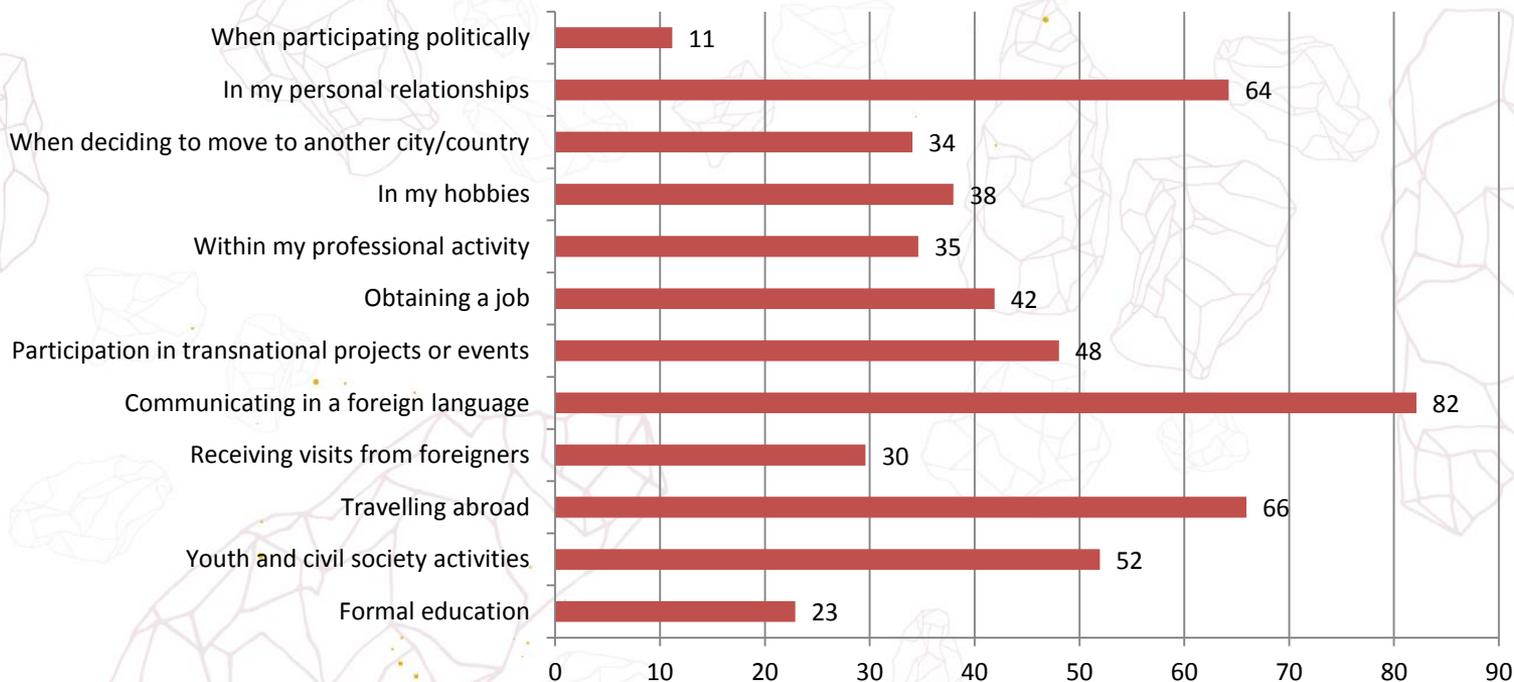
Expectations met (1-10)

%



MOB G.A.E focus on EVS

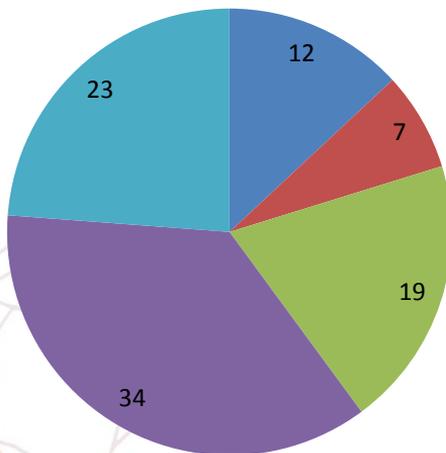
Participants in EVS mobility found it useful for (%)



MOB G.A.E focus on EVS

Relevance of mobility for **professional** **competences development**

%



■ totally relevant (10)

■ Very relevant (9)

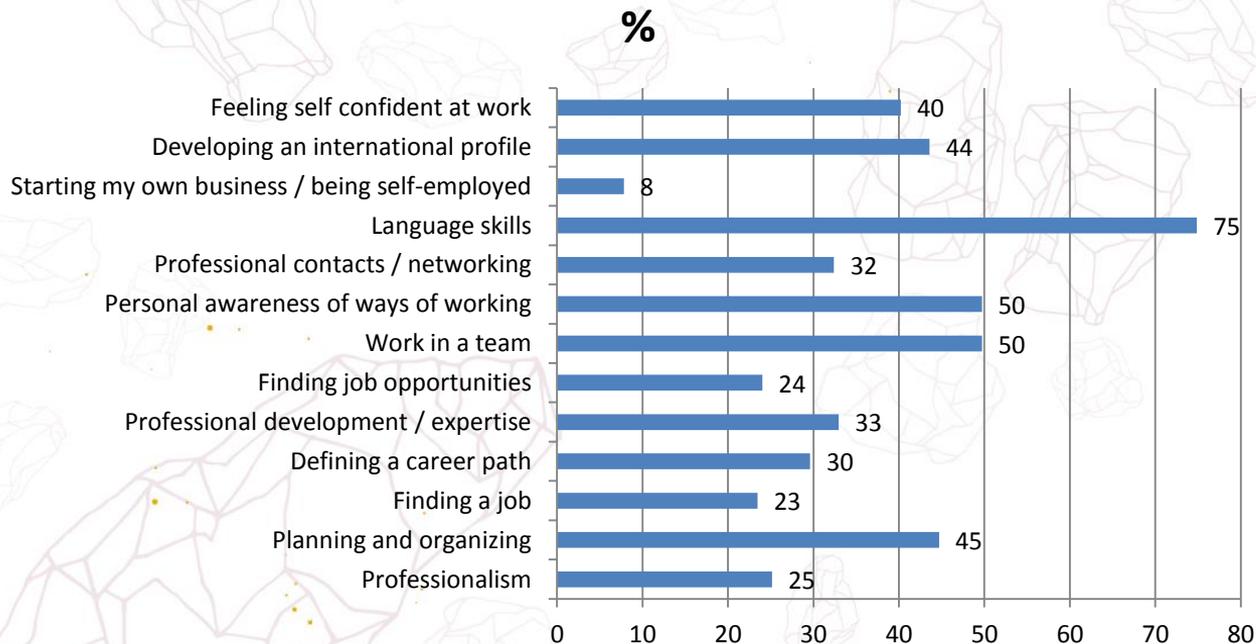
■ Highly relevant (8)

■ Somewhat relevant (7+6)

■ Not relevant (5 or less)

MOB G.A.E focus on EVS

Impact of mobility experience on professional development





MOB G.A.E some conclusions

- Participants, during interviews and focus groups, reveal in a large majority satisfaction with mobility experiences;
- Several factors seem to favor positive outcomes: one being the support structures (language lessons, orientation and supervision, etc); openness to intercultural experiences, to new experiences and the willingness to learn local language.



MOB G.A.E some conclusions

- Impact of mobility and particularly EVS and NFE activities, such the training courses, is much higher on personal development and autonomy than on professional development and it may be related to the expectations participants usually have towards those actions.



MOB G.A.E Some conclusions

Nevertheless, mobility is perceived as relevant for acquiring soft and language skills, competences that lead to autonomy, critical thinking, employability.



MOB G.A.E Some conclusions

It is important to support participants to reflect on their experience and extract learning.

Mentors and tutors are essential before, during and after a mobility experience to facilitate participants learning and growth.



MOB G.A.E Some conclusions

Thanks to much!

**Final research will be published on our
website www.mobgae.eu**



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