



MOBility as a source of personal and professional Growth, Autonomy and Employability.
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Dear Reader,

Welcome to the MOB G.A.E newsletter!

In this first edition we are delighted to introduce the project to you; its aims and first achievements, our upcoming activities, and the stories of former participants attending mobility projects.

You can follow the developments of the project by visiting the MOB G.A.E project on: our [website](#), [Facebook](#) and [Twitter](#)

If you want to read the stories of former participants who have undertaken a mobility project please check our latest [Stories](#).

If you want to post your story, please contact Paragon Europe at roberta.gatt@paragoneurope.eu

If you want to know more, please do not hesitate to contact us via email or telephone.

We are happy to include you in our mailing list and keep you informed about MOB G.A.E's activities.

We would appreciate your feedback and wish you an informative read!

Your MOB G.A.E Team

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MOB G.A.E - MOBility as a source of personal and professional Growth, Autonomy and Employability is a Lifelong learning KA4 project co-funded by the European Union and promoted by the Accademia Europea di Firenze (IT) in cooperation with Bulgaria Gateway (BG); DEP Institut, Oneco and Nexes (ES); EUROYOUTH and Rede Inducar (PT); GEB (Germany); North West Academy & Intern Europe (UK); Cap Ulysse (FR); Semper Avanti (PL); ZNI (Slovenia); Amadeus (AT); VUSTE ENVIS (CZ); Intercultural Institute of Timisoara (RO); Paragon Europe (MT) and PLATO (CY).

MOB G.A.E. aims to evaluate and disseminate the impact of international mobility experiences within the framework of EU programmes. A group of former participants will be interviewed, concerning their personal and professional development and their awareness as European Citizens. MOB G.A.E aims to disseminate and exploit existing case stories, good practices, positive changes among the ex participants, the partners within and outside the consortium (enterprises, public institutions, NGOs), acting as promoters, hosting, sending and intermediary partners, interested in improving the quality of their work.

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Research Phase

The MOB G.A.E consortium has been collecting data throughout the past 6 months through an online questionnaire, interviews and Focus groups. This aimed to determine how a mobility experience impacts a person's personal and professional life.

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First stories published on MOB G.A.E.'s Blog

"I found it very beneficial to work with professionals throughout my internship and they shared with me their experiences in the field." Sviatlana Zaitsava

"I have always been thinking to exploit my writing abilities and interest for research and true value content but I never had the chance to put them into practice into a stimulating work position till I applied for a mobility under the Lifelong learning Programme" Gerardo Gatta

"In my opinion, internship abroad is the place where you can learn new skills and knowledge of the work field, get to know new culture and see how the life is outside your home country" Elina Hietala

Get inspired by the stories from former beneficiaries of mobility projects, who have shared their personal and professional changes after a mobility project experience.

If you are a former beneficiary of a mobility project or a tutor in a hosting company, you can contribute to our blog and share your story! In case you need support, please contact Paragon Europe at roberta.gatt@paragoneurope.eu

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